



# CONGRATULATIONS!

## Lyndon Howson

**ESSAR**  
CHESTER HALF  
MARATHON



YOU COMPLETED THE  
**ESSAR** CHESTER HALF MARATHON 2023

ON SUNDAY 21 MAY IN THE FOLLOWING TIME:

Chip Time:

2:02:50

Age Group position:

466

Average Pace:

09:31 min/mile

*Chris* Chris Hulse  
Race Director

*Audy* Andy White  
Race Director